



GO FOR 30!! (or more)



In celebration of CVF/FCV's 30th Anniversary Club Volkssport Challenge with a Canadian Theme

Name of Club: _____

Email Address: _____

Name of Compiler: _____

Email Address: _____

During 2017, Volkssport clubs in Canada are challenged to earn 30 points from the following list of activities. Dates do not need to be unique. Club membership is as of September 1, 2016.

#	Activities	Date(s)	Max	Pts
1	Sing "O Canada" before a Volkswalk on July 1 weekend		1	
2	Host 1 Volkswalk or group PT walk a month (put dates below): Jan ___; Feb ___; Mar ___; Apr ___; May ___; June ___; July ___; Aug ___; Sep ___; Oct ___; Nov ___; Dec ___	—	12	
3	At least 2 club members do a Volkswalk or PT which passes your provincial capital building		1	
4	At least 1 club member does a Volkswalk or PT which passes another provincial/territorial capital building (put dates below): BC _____; AB _____; SK _____; MB _____; ON _____; QC _____; NB _____; NS _____; PE _____; NL _____; Ottawa _____; YT _____; NT _____; NU _____	—	13	
5	At least 1 club member does a non-capital-city Volkswalk or PT in another province (put dates below): BC _____; AB _____; SK _____; MB _____; ON _____; QC _____; NB _____; NS _____; PE _____	—	8	
6	Have at least 25% of members participate in a non-PT Volkswalk sponsored by another club		1	
7	Sponsor a Volkswalk or a group PT at least 50 km away from your home community; arrange carpooling		1	
8	Sponsor 1 or 2 Volkswalks that pass current or old CPR/CNR stations Name of Station: _____ Name of Station: _____	_____	2	
9	Sponsor a Volkswalk that passes through a cemetery where a famous Canadian is buried Name of Cemetery: _____ Name of Canadian: _____		1	
10	Sponsor a Volkswalk/Volkshike in a National Park	_____	1	

	Name of NP: _____			
11	Sponsor up to 3 Volkswalks or PTs that pass National Historic Sites Name of NHS: _____ Name of NHS: _____ Name of NHS: _____	_____	3	
12	Sponsor a Volkssport event with a Canadian theme		1	
13	Sponsor a Volkssport event with a colour theme (not the club colour)		1	
14	Sponsor a Volkssport event or social at which 50% of club members participate or volunteer		1	
15	Participate as a club in a charity event (with or without Volkssport credit); hand out club flyer		1	
16	Participate as a club in a community parade (with or without Volkssport credit); hand out club flyer		1	
17	Participate in a community fair to promote Volkssporting; hand out club flyer		1	
18	Arrange for an article to be published in a local newspaper		1	
19	Recruit new members for your club	_____ _____ _____ _____	5	
20	At a club event, at least 25% of members are wearing club clothing or clothing in club colour		1	
21	Sponsor a Volksbike event		1	
22	Sponsor a Volksski event (or snowshoe or skate)		1	
23	Sponsor a Volksswim event		1	
	Total Points	—	60	

To receive a special certificate, please submit your club's form, together with \$5.00, by January 31, 2018 to:

Canadian Volkssport Federation
Suite 604 – 251 Bank St,
Ottawa, ON K2P 1X3