



CVF / FCV Events November 2017

November 04

CANNING, NS Blomidon Park Walk

Start Point: Lower parking lot, Blomidon Provincial Park, 3138 Pereau Road B0P 1H0

Distances: 10 Difficulty: 3B Registration 09:30 - 10:00

Valley Trekkers Volkssport Club Rick Kanne 902-847-1772 theillsleys@eastlink.ca

WALK DESCRIPTION: walk through woods with spectacular views over the Bay of Fundy

DIRECTIONS TO START POINT: Follow sign posts from Canning to Blomidon Provincial Park

November 04

DEBERT, NS Debert Woods and Cemetary

Start Point: parking lot opposite Tim Horton's, B0M 1G0

Distances: 5, 10 Difficulty: 2A Registration 09:30 - 10:00

Central Nova Volkssport Club Patti Sowinski 902-895-6123 psowinski@eastlink.ca

DIRECTIONS TO START POINT: Hwy 104, Exit 13 to Debert. Meet in parking lot opposite Tim Horton's.

November 04

MEDICINE HAT, AB

Start Point: Cypress Centre (Stampede Grounds), 2055 21st Ave SE T1A 7N1

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Volkssport Club of Medicine Hat Sharon Petrick 403-526-7407 spetrick@hotmail.com

WALK DESCRIPTION: Paved trail, sidewalk and stairs.

DIRECTIONS TO START POINT: From Trans Canada Hwy, east or west, take Dunmore Road Exit going north to 28th Street SE. Turn right on 28th Street which curves to the left and becomes 21st Ave. Enter the large parking area at the Stampede Grounds.

November 04

NORTH BAY, ON YMCA Walk

Start Point: YMCA, 186 Chippewa St. W. P1B 6G2

Distances: 5, 10 Difficulty: 1A Registration 10:00 - 10:30

Gateway Walkers Club André Tardif 705-495-2242 tardifandre@gmail.com

DIRECTIONS TO START POINT: Parking Lot

November 04

OTTAWA, ON Volunteer Appreciation Walk & Lunch

Start Point: Pine Grove Trail, 4058 Leitrim Road K1G 3N4

Distances: 5, 10 Difficulty: 2B Registration 09:00 - 10:00

Ottawa Voyageurs d'Ottawa Walking Club Kathy Luten 613-830-7437 kathy_luten@hotmail.com

WALK DESCRIPTION: Thank you to both the Voyageurs and Nomads volunteers. Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote each time about the kind of club you want to have.

November 05

HALIFAX, NS Long Lake Trail

Start Point: Long Lake Parking Lot (look for signs), St. Margaert's Bay Road B3S 1R3

Distances: 10 Difficulty: 3C Registration 09:30 - 10:00

Dartmouth Volksmarch Club Stephen Bloom 902-423-0760 sbloom@bellaliant.net

DIRECTIONS TO START POINT: 44.632261,63.65874

November 05

QUÉBEC, QC Le lacet de la Côte Gilmour

Start Point: Plaines d'Abraham, Parc Jeanne d'Arc, 380, rue de Bernières G1R 2L7

Distances: 5, 10 Difficulty: 2B / 3C Registration 12:30 - 13:00

Club Volkssport Nord-Sud Nicole Lavoie 418-523-2717 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

November 11

BEECHVILLE, NS BLT Rails to Trails Walk

Start Point: Lakeside Industrial Park, 18 Lakeside Park Dr. B3T 1L1

Distances: 11, 12 Difficulty: 1B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Lionel Conrod / Barb Morgan 902-466-4421 / 902-434-5991

benview@eastlink.ca

DIRECTIONS TO START POINT: Lakeside Industrial Park, next to Coca Cola Plant.

November 12

BADDECK FORKS, NS Uisge Bahn Falls Nature Trail

Start Point: Uisge Bahn Falls Provincial Park, 715 North Branch Rd. B0E 1B0

Distances: 5, 10 Difficulty: 2C Registration 13:30 - 14:00

Cape Breton Island Hoppers Volkssport Club Dianna MacDonald 902-567-2298

bretonhoppers@hotmail.com

WALK DESCRIPTION: Uisge Bahn Nature Trail, one of the most popular trails on CB Island, features old growth forest, wild life and fauna, and "the falling white waters". Contact the club if you require assistance with the posted directions.

DIRECTIONS TO START POINT: West or East on TransCanada Hwy 105 take Exit 9 and continue 14.5 Km to Forks Baddeck, North Branch Rd. is on the left. Follow signs to Uisge Bahn Falls Provincial Park signs are posted along the route.

November 12

LOWER SACKVILLE, NS 1st and 2nd Lake Trail

Start Point: 36 Sucker Brook Road B4C 3Y7

Distances: 5, 10 Difficulty: 2B Registration 13:30 - 14:00

Dartmouth Volksmarch Club Lily and Lionel Conrod 902-466-4421 benview@eastlink.ca

DIRECTIONS TO START POINT: Sucker Brook Road, left of Cobequid Road opposite #491

November 12

QUÉBEC, QC L'Art public à Québec

Start Point: Musée de la Civilisation, 85, rue Dalhousie G1K 7A6

Distances: 5, 10 Difficulty: 2B Registration 12:30 - 13:00

Club Volkssport Nord-Sud Lucie Lambert 418-828-0083 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

November 18

CLEARWATER COUNTY, ROCKY MOUNTAIN HOUSE, AB Winter Guided Walk / Snowshoe

Start Point: Crimson Lake beach parking Lot, 40229 Range Road 80C

Distances: 5, 10 Difficulty: 2B Registration 12:30 - 13:00

Volkssport Walkers of Central Alberta Anita Thomas 403-755-3016 vwcaclub@gmail.com

WALK DESCRIPTION: The walk / snowshoe passes through wetlands, sand hills & forest with viewpoints of the lake. After walk we will stop in Rocky Mountain House for a warm drink. "Outhouse" washrooms available.

DIRECTIONS TO START POINT: 14 km west of Rocky Mountain House on Highway 11, 2 km north on secondary Highway 756. Left turn at Wilderness Village / Crimson Lake signage. Right turn at signage to Crimson Lake parking lot. We will meet at the beach parking lot for registration.

SPECIAL WALKING PROGRAM: Community

November 18

DELTA, BC Westview Park

Start Point: Westview Park, 6500 Westview Dr V4E 3L6

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Shirley Stoklossa 604-596-8699 shirley_stoklossa@yahoo.com

WALK DESCRIPTION: Walk through sports park, along residential streets & along paths returning through Watershed Park.

DIRECTIONS TO START POINT: From Hwy 91 take 64 Ave East; turn Left at Westview Dr

November 19

BEDFORD, NS Old Coach Road / Cabin Lake Trail

Start Point: Sobey's (Mill Cove Shopping Centre), 961 Bedford Hwy B4A 1A9

Distances: 10 Difficulty: 3B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Helene Whitford 902-455-6020 helene.whitford@iwk.nshealth.ca

November 19

QUÉBEC, QC Parc de l'Escarpement

Start Point: Walmart, 1700, boul. Lebourgneuf G2K 2M4

Distances: 5, 10 Difficulty: 2B Registration 12:30 - 13:00

Club Volkssport Nord-Sud Georgette Martel 418-570-2450 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

November 19

VICTORIA, BC Oceanside Walk

Start Point: Fisherman's Wharf Park, Dallas Rd & Erie St V8V 5A8

Distances: 5, 10 Difficulty: 1A Registration 09:30 - 10:00

Garden City Wanderers Volkssport Club Frances Aknai 250-360-0356 faknai@shaw.ca

WALK DESCRIPTION: Scenic walk on waterfront areas of Victoria, including Ogden Point, Clover Point & streets of Fairfield & James Bay.

DIRECTIONS TO START POINT: Meet at the corner of Dallas Rd & Erie St.

November 26

DARTMOUTH, NS Burnside Industrial Park Trail

Start Point: Leon's Furniture, 140 Akerley Blvd. B3B 2E4

Distances: 10 Difficulty: 3B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ken Redmond 902-404-7458

November 26

NEW WESTMINSTER, BC Grimston Park

Start Point: Grimston Park (Picnic Table by wading Pool), 1800 block Seventh Ave V3M 2L2

Distances: 5, 10 Difficulty: 3B Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Yves Giroux 604-309-5837 yves_giroux@hotmail.com

WALK DESCRIPTION: The walk will take us along residential historic sites & along the Rotary Cross-Town Greenway.

DIRECTIONS TO START POINT: From Sixth Ave in new Westminister turn North on Eighteenth St & West on Seventh Ave; parking is along the street

SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

November 26

SYDNEY, NS Whitney Pier Trail

Start Point: Whitney Pier, Historical Society Museum, 88 Mt Pleasant Street B1N 2G1

Distances: 5, 10 Difficulty: 2A Registration 13:30 - 14:00

Cape Breton Island Hoppers Volkssport Club Julie Dzaich 902-562-5789

bretonhoppers@hotmail.com

WALK DESCRIPTION: An historical walking tour through the "Piers" , using the former paths of the workers as they tramped to work at the former Steel Plant.

DIRECTIONS TO START POINT: From downtown Sydney follow road signs to Whitney Pier and Mt Pleasant Street.