



CVF / FCV Events October 2017

October 01

COXHEATH, NS Cantley Village

Start Point: MacKinnon Avenue, 9 MacKinnon Ave., Cantley Village B1R 2J1

Distances: 5, 10 Difficulty: 1B Registration 13:30 - 14:00

Cape Breton Island Hoppers Volkssport Club Cal Thistle 902-567-6702

bretonhoppers@hotmail.com

WALK DESCRIPTION: Third Annual Presidents Walk Event

DIRECTIONS TO START POINT: From Hwy 125 East or West take Exit 5A into Coxheath and continue to Cantley Village

October 01

HALIFAX, NS Hemlock Ravine

Start Point: Rockingham Ridge Plaza, 30 Farnham Gate Road B3M 3E3

Distances: 10 Difficulty: 3B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Sue Banks 902-472-2261 sclb199@hotmail.com

DIRECTIONS TO START POINT: Use first parking lot opposite Trinity church

October 01

PICTON, ON CVF Anniversary Walk

Start Point:

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

King's Town Trekkers Volkssport Club Sue Osborn 613-634-4239 osbornjs@gmail.com

October 01

QUÉBEC, QC Promenade Samuel-de-Champlain

Start Point: Quai des Cageux, Boul. Champlain, près des ponts

Distances: 5, 10 Difficulty: 2B Registration 18:30 - 19:00

Club Volkssport Nord-Sud Suzanne Charles 418-524-6951 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

October 01

VICTORIA, BC Gyro Park - Mystic Vale

Start Point: Gyro Park, Sinclair Rd & Cadboro Bay Rd V8P 5N8

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Garden City Wanderers Volkssport Club Gail Tupper 250-477-4472 gailtupper@shaw.ca

WALK DESCRIPTION: Lovely walk on Cadboro Bay's streets & trails including University of Victoria chip trails & beautiful Mystic Vale.

DIRECTIONS TO START POINT: From downtown Victoria take Fort St, which will change to Cadboro Bay Rd. Follow to Sinclair Rd & turn right.

October 01

WINNIPEG, MB 150/30 Celebration Walk

Start Point: Fort Gibraltar Parking Lot, 866 St. Joseph St R2H 0G4

Distances: 5, 10 Difficulty: 1A Registration 09:00 - 09:30

Windy City Wanderers Volkssport Club Terry Fulton 204-453-2905 tvful@shaw.ca

October 05

HALIFAX, NS Harvest Moon Walk

Start Point: Salt Marsh Trail Parking Lot, 806 Bissett Road B2V 2T2

Distances: 6, 10 Difficulty: 2B Registration 18:30 - 19:00

Dartmouth Volksmarch Club Lily Conrod / Ruth Jardine 902-466-4421 / 902-401-5363

benview@eastlink.ca / pjnanny@hotmail.com

DIRECTIONS TO START POINT: Parking Lot for Salt Marsh Trail.

October 07

QC Bas St-Laurent

Start Point: Brochure du club, brochure

Distances: 5, 10 Difficulty: 2B / 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Carole Bruyère 418-843-6916 volknord@videotron.ca

WALK DESCRIPTION: Marche en montagne. Exclusive aux membres

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

October 07

MERRICKVILLE, ON Merrickville Artist Festival

Start Point: Community Health Centre, 354 Read St K0G 1N0

Distances: 5, 10 Difficulty: 2B Registration 09:00 - 09:30

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

October 07

MIQUELON LAKE, AB

Start Point: Park centre Info Exhibit parking lot, Hwy 21 to Camrose & east of Hwy 623

Distances: 5, 10 Difficulty: 2B Registration 10:00 - 10:30

Wetaskiwin Volkssport Club Judy Zimmel / Louise L. 780-352-7407 / 780-352-2122

WALK DESCRIPTION: Along Miquelon Lake on rolling hills among the trees and smaller lakes.

DIRECTIONS TO START POINT: From Edmonton, take Hwy 14 to Hwy 21 south to Hwy 623, then east on Hwy 623 to Miquelon Lake Provincial Park. From Calgary, take Hwy 2 to Leduc. Turn east on Hwy 623. Proceed to park entrance. Go past park gate to Park Centre parking lot on left side of the road.

October 07

VICTORIA, BC Oaklands Park Fernwood walk

Start Point: Oaklands Park, Kings Road & Scott St V8R 4J2

Distances: 5, 10 Difficulty: 1A / 2B Registration 09:30 - 10:00

Garden City Wanderers Volkssport Club Frances Aknai 250-360-0356 faknai@shaw.ca

WALK DESCRIPTION: Walk through trails & neighbourhoods in Fernwood.

DIRECTIONS TO START POINT: From downtown Victoria follow Douglas St to Hillside Ave; turn right & follow to Shelbourne St; turn left & left on Kings Rd to parking lot.

October 08

TIMBERLEA, NS The Bluffs Trail / BLT Rails to Trails

Start Point: Entrance to Glengarry Estates, Forest Glen Dr. and St. Margarets Bay Road B3T 1J4

Distances: 10, 11 Difficulty: 4D / 1A Registration 09:30 - 10:00

Dartmouth Volksmarch Club Dan Haycock / Lionel Conrod 902-477-3217 / 902-466-4421

dan.h@bellaliant.net

WALK DESCRIPTION: Bring lunch for 11 km

DIRECTIONS TO START POINT: On Hwy #3, entrance to Glengarry Estates, Forestglen Dr. opposite St. Andrew's Anglican Church.

October 09

SPRUCE GROVE, AB Turkey Trot Walk

Start Point: Grant Fuhr Arena, 9 Agrena Rd. T7X 2C8

Distances: 5, 10 Difficulty: 1B Registration 09:30 - 10:00

Devon Discovery Walkers Robert Duncan 780-963-4145 duncanra@shaw.ca

WALK DESCRIPTION: City parks trail system and sidewalks.

DIRECTIONS TO START POINT: Drive from the east or west on Hwy 16A to Spruce Grove. Turn north on King St. and drive to Agrena Rd, turn right and park. Registration and Start Point will be in parking lot on west side of the arena

SPECIAL WALKING PROGRAM: Community

October 14

CALLANDER, ON Cranberry Trail Walk

Start Point: Cranberry Trail, End of Cranberry Rd

Distances: 5, 10 Difficulty: 1A Registration 10:00 - 10:30

Gateway Walkers Club André Tardif 705-495-2242 tardifandre@gmail.com

DIRECTIONS TO START POINT: Parking Lot

October 14

KENTVILLE, NS Kentville Pumpkin Walk

Start Point: Kentville Tourist Bureau, Former Train Station, 66 Cornwallis St. B4N 2E4

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Valley Trekkers Volkssport Club Beth Moore 902-678-5609 theillsleys@eastlink.ca

WALK DESCRIPTION: walk through town to see the pumpkin people

DIRECTIONS TO START POINT: Follow the one way streets through kentville to the tourist bureau (former train station) 66 Cornwallis St Kentville

October 14

MAITLAND, NS Historic Maitland

Start Point: Frieze and Roy General Store, 8787 Hwy 215 B0N 1T0

Distances: 10 Difficulty: 1A Registration 09:30 - 10:00

Central Nova Volkssport Club Gail Brown 902-899-6575 greenfieldeast@live.com

DIRECTIONS TO START POINT: Back parking lot Freize and Roy General Store

October 14

MEDICINE HAT, AB

Start Point: Tourist Centre, 8 Gehring Rd. SW T1B 4W1

Distances: 7, 12 Difficulty: 2B / 3B Registration 09:00 - 09:30

Volkssport Club of Medicine Hat Sharon Petrick 403-526-7407 spetrick@hotmail.com

WALK DESCRIPTION: Asphalt trails and some sidewalks, stairs and hills.

DIRECTIONS TO START POINT: From Trans Canada Hwy, exit at College Ave / Southridge Dr.

Take Southridge Dr. south to Gehring Rd. to Tourist Centre (near Saamis Teepee).

SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

October 14

OTTAWA, ON Autumn Leaves

Start Point: Nepean Sportsplex (Front Lobby),

Distances: 5, 10 Difficulty: 1B Registration 09:00 - 09:30

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

October 14

ST. ALBERT, AB Potluck Supper

Start Point: St. Albert United Church, 20 Green Grove Dr. T8N 5H6

Distances: 5, 10 Difficulty: 1A Registration 14:00 - 14:30

St. Albert Trekkers Volkssport Club Walter Cool 780-566-3748 walt.cool@gmail.com

WALK DESCRIPTION: Streets and trails of St. Albert. Walk followed by a potluck.

DIRECTIONS TO START POINT: From Edmonton, go north on Hwy 2 (St. Albert Trail) to St. Albert .

Turn left on Green Grove Dr. United Church is on the left

SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

October 14

SURREY, BC Elgin Heritage Park

Start Point: Elgin Heritage Park, 13723 Crescent Rd V4P 1J4

Distances: 5, 10 Difficulty: 3C Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Doug / Nancy Jackson 778-233-6524 drjackson@shaw.ca

WALK DESCRIPTION: Elgin Heritage Park is on the banks of the Nicomekl River. Between the two entrances to the park there are many large trees often used by eagles & hawks to survey the area for prey. Historic Stewart Farm is located in the Park.

DIRECTIONS TO START POINT: From King George Blvd (Hwy 99A) take Crescent Rd to the second entrance to the Park

SPECIAL WALKING PROGRAM: Community

October 14

VICTORIA, BC 4 Mile Pub

Start Point: 4 Mile Pub (Lower Parking Lot), 199 Island Highway V9B 1G2

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Victoria 'Y' Volkssport Club Camilla Smith / Joyce Tamboulian 250-479-4950 / 250-590-7766

yvolks@telus.net

WALK DESCRIPTION: A nice mix of trails, parks, waterfront views, the "Colours of Fall" in View Royal's residential gardens. Lunch at The Pub at the end of the walk - always good food.
DIRECTIONS TO START POINT: From Victoria: North on Douglas St; Left on Bay St; Cross bridge; Right on Tyee Rd (light), becomes Skinner St, then Craigflower Rd, then Island Hwy; Left at View Royal Rd /lights after pedestrian overpass & immediately Left to Lower Parking Lot
SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

October 15

ENFIELD, NS Nine Mile River Trail

Start Point: Nine Mile River Trail Parking Lot, 1199 Enfield Road B2S 2T7

Distances: 10 Difficulty: 3B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Elaine Dawson 902-883-1364 emdlantz@eastlink.ca

DIRECTIONS TO START POINT: Parking Lot for Trail provided and well marked with signs.

October 15

NEW HARRIS, NS Johnson Farm Trail

Start Point: New Harris Road, 2627 New Harris Road B1X 1T6

Distances: 5, 10 Difficulty: 2C Registration 09:00 - 09:30

Cape Breton Island Hoppers Volkssport Club Norm Johnson 902-674-2979

bretonhoppers@hotmail.com

WALK DESCRIPTION: Country lanes and short trail systems in and around Kelly's Mountain Bra d' Or Lakes

DIRECTIONS TO START POINT: From North Sydney follow Hwy 105 west to Seal Island Bridge, immediately after the bridge go left on New Harris Road. CBIH signs will be posted.

October 15

NEW HARRIS, NS Kelly's Mountain Trail

Start Point: New Harris Road, 2627 New Harris Road B1X 1T6

Distances: 5, 10 Difficulty: 3C Registration 13:30 - 14:00

Cape Breton Island Hoppers Volkssport Club Norm Johnson 902-674-2979

bretonhoppers@hotmail.com

WALK DESCRIPTION: The trail systems on Kelly's Mountain with views of Bra d' Or Lakes and Seal Island Bridge

DIRECTIONS TO START POINT: From North Sydney follow Hwy 105 west to Seal Island Bridge, immediately after the bridge go left on New Harris Road. CBIH signs will be posted.

October 15

QUÉBEC, QC Mont Sainte-Anne / Chutes Larose (\$)

Start Point: Club de golf "Le Ferréol", 1700, boul. Les Neiges, St-Ferréol-les-Neiges G0A 3R0

Distances: 5, 10 Difficulty: 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Réjeanne Paré 418-842-7547 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

October 22

DELTA, BC South Delta

Start Point: South Delta Secondary School, 750 - 53 St V4M 3B7

Distances: 5, 10 Difficulty: 2A Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Wayne / Meg Roberts 604-943-6142 margaret_roberts@telus.net

WALK DESCRIPTION: Walk will be along residential streets through parks & trails.

DIRECTIONS TO START POINT: From Hwy # 17 turn South (Left) on 56 St; turn west (right) on 8A Ave.

SPECIAL WALKING PROGRAMS: Murals, Community

October 22

DUCHESNAY, QC Station touristique Duchesnay (\$)

Start Point: Station touristique Duchesnay, 140, route Duchesnay G3N 0J3

Distances: 5, 10 Difficulty: 2B / 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Carole Bruyère 418-843-6916 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

October 22

WAVERLEY, NS Lake William Trail

Start Point: Opposite Powder Mill Lake Picnic Park, Rocky Lake Drive B2R 1R7

Distances: 5, 10 Difficulty: 2C / 4D Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ken and Pat Clahane 902-402-5166 kvclahane@eastlink.ca

DIRECTIONS TO START POINT: Rocky Lake Dr. opposite Powder Mill Lake Picnic Park.

October 26

LORETTEVILLE, QC Loretteville

Start Point: Édifice Denis Giguère, 305, rue Racine, Loretteville G2B 1E7

Distances: 5 Difficulty: 2B Registration 18:30 - 19:00

Club Volkssport Nord-Sud C.A. et Sages 418-845-2746 volknord@videotron.ca

WALK DESCRIPTION: marche guidée + AGA

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

October 28

NORTH SAANICH, BC Schlegel Memorial

Start Point: 10975 West Saanich Rd V8L 5P6

Distances: 7, 10 Difficulty: 2B Registration 09:30 - 10:00

Juan de Fuca Pathfinders Walking Club Pat Grove 250-658-2325 gropat@telus.net

WALK DESCRIPTION: Route is on roads & trails in Deep Cove near Sidney.

DIRECTIONS TO START POINT: Take Hwy 17 north; turn Right at exit 31, McDonald Park Rd; Right on Swartz Bay Rd; Left on Wain Rd; Right on West Saanich Rd; Right into Deep Cove School parking lot.

SPECIAL WALKING PROGRAM: Community

October 28

RED DEER, AB Fall walk & Potluck

Start Point: Clearview Meadows Community Hall, 93 Cornett Dr T4P 2G6

Distances: 6, 11 Difficulty: 2B Registration 14:00 - 14:30

Volkssport Walkers of Central Alberta Laurie Wells 403-350-4995 vwcaclub@gmail.com

WALK DESCRIPTION: Walk begins in Clearview Meadows to the Michener Centre area, following the trail down hill to Gaetz Lake Sanctuary & O'Brien Wetlands. this walk will precede a VWCA potluck supper at the Clearview Meadows Community Hall at 5:00 pm. Everyone welcome to join us! Food can be left at the Hall while on the walk as there are full facilities. Please bring your own palte and utensils. Come out and socialize.

DIRECTIONS TO START POINT: From Hwy 2 (401 exit) into Red Deer, continue east on 67 Street to Taylor Drive. Right turn. Continue to 49 Street, there are two lanes to turn left, continue on 49 Street, the road curves a bit then becomes 50 Street, continue up the hill to Cornett Drive. Left turn then continue to Clearview Meadows Community Hall, parking lot on the right.

SPECIAL WALKING PROGRAM: Community

October 29

LAWRENCETOWN, NS Lawrencetown Beach Provincial Park - TCT Event

Start Point: Lawrencetown Beach Provincial Park, 4348 Lawrencetown Rd 207 B2Z 1R1

Distances: 6, 10 Difficulty: 2B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Trudy Hubley / Lily Conrod 902-466-4421 / 902-852-5272

benview@eastlink.ca

DIRECTIONS TO START POINT: Meet at Pavilion.

October 29

LÉVIS / PINTENDRE, QC La Grande Plée Bleue

Start Point: La Grande Plée Bleue, 1170, chemin Ville-Marie G0R 1C0

Distances: 5, 10 Difficulty: 2B / 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Nicole Lavoie 418-523-2717 volknord@videotron.ca

DIRECTIONS TO START POINT: voir journal du club <http://volkssport-nordsud.qc.ca>

October 29

NEW WATERFORD, NS The Summit Recreational Trails

Start Point: The Summit Trailhead, Daley Road and 3-5 May Street, Scotchtown B1H 1C9

Distances: 5, 10 Difficulty: 2B Registration 13:30 - 14:00

Cape Breton Island Hoppers Volkssport Club Cheryl MacKinnon 902-849-2739

bretonhoppers@hotmail.com

WALK DESCRIPTION: Recreational trails developed by Enterprise Cape Breton that continue out to several small lakes

DIRECTIONS TO START POINT: From Sydney follow Hwy 4 towards Glace Bay, then left on Garginer Road, continue to Scotchtown/New Waterford area to Daley Road. CBIH signs will be posted.