CVF / FCV Events June 2017

June 03
BARRHEAD, AB
Start Point: Thunder Lake Provincial Park Booth at top of hill as you enter park., T0G 0H0
Distances: 5, 10 Difficulty: 2B Registration 09:00 - 09:30
Barrhead Walkie-Talkie Volkssport Club Margaret Attrill & Jeff Attrill 780-674-4403
mjattrill@hotmail.com
WALK DESCRIPTION: A dirt and gravel path around the lake and through bush trails.
DIRECTIONS TO START POINT: Hwy 117 NW of Edmonton. Take Hwy 33 to Barrhead then turn left onto HWY 18 for 18 KM to Provincial Park. Start Point is at the booth at the top of the hill as you enter the park.

June 03
BELLEVILLE, ON Spring Walk - Belleville
Start Point: Bayview Mall (near Tim Hortons), 470 Dundas St. E. K8N 1E9
Distances: 5, 10 Difficulty: 1B Registration 09:30 - 10:00
King's Town Trekkers Volkssport Club Sue Osborn 613-634-4239 osbornjs@gmail.com
WALK DESCRIPTION: Lunch afterwards at a restaurant in Belleville. Please email contact person if you are joining us for lunch NLT 15 May 17 so that reservations can be made.

June 03
COQUITLAM, BC Minnekhada Regional Park
Start Point: Minnekhada Regional Park, Quarry Rd V5E 3H5
Distances: 5, 11 Difficulty: 3C Registration 09:30 - 10:00
Surrey Trekkers Volkssport Club Alison Smith / Bridget Fox 604-469-2339/ 778-870-4160
alisonsmith45@gmail.com / bfox@sfu.ca
WALK DESCRIPTION: Trails, rock knolls with lots of cedar & fir trees overlooking ponds, lakes & stream.
DIRECTIONS TO START POINT: From Hwy 7 proceed North on Coast Meridian Rd; Right at Apel Dr; Right at Victoria Dr; follow Victoria Dr for 1km to the crest of the hill & make a deliberate Left turn to stay on Victoria Dr which becomes Quarry Rd
SPECIAL WALKING PROGRAM: New Bridges

June 03
LAC MÉGANTIC, QC Escapade printanière ($)
Start Point: Brochure,
Distances: 5, 10 Difficulty: 2B / 3C Registration 10:30 - 11:00
Club Volkssport Nord-Sud Michelle Boivin 418-529-1570 volknord@videotron.ca
WALK DESCRIPTION: Marches guidées
DIRECTIONS TO START POINT: voir journal du club http://volkssport-nordsud.qc.ca

June 03

VICTORIA, BC Strawberry Vale
Start Point: Strawberry Vale, Vicinity of Burnside Rd W & Helmcken Rd. Start Point to be determined. Check Web site or phone for latest details V8Z 5C8
Distances: 5, 10 Difficulty: 1B / 2B Registration 09:30 - 10:00
Victoria 'Y' Volkssport Club Camilla Smith / Judy Haynes 250-479-4950 / 250-385-8519
yvolks@telus.net
WALK DESCRIPTION: 10k Rte: Knocken Hill Park trails, residential Strawberry Vale and surrounding countryside and farmland. 5k Rte: An easy walk through Rosedale Park, along a waterway with various birds & return through residential areas.
DIRECTIONS TO START POINT: From Victoria: Hwy 1 West; Right on Helmcken Rd. Once start point is determined complete directions will be on web site.
SPECIAL WALKING PROGRAM: Community

June 03

WESTLOCK, AB
Start Point: Recreation Centre, 10450 - 106A St. T7P 2E5
Distances: 5, 10 Difficulty: 1A Registration 13:00 - 13:30
Barrhead Walkie-Talkie Volkssport Club Margaret Attrill & Jeff Attrill 780-674-4403
mjattrill@hotmail.com
WALK DESCRIPTION: Around the outskirts of Westlock, mostly paved trails.
DIRECTIONS TO START POINT: From Edmonton take Hwy 2 North for 50 KM then west for 11 KM on Hwy 18. From Barrhead drive 39 KM east on Hwy 18. At the lights (Westlock Inn) turn north 1 KM to Recreation Centre.

June 04

HALIFAX, NS Regatta Point / International Trails Day
Start Point: Chocolate Lake Recreation Centre, 14 Purcell's Cove Road B3N 1R4
Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00
Dartmouth Volksmarch Club Brenda Baker / Margaret Odell 902-444-0649 / 902-454-9280
bjbaker29@hotmail.com
DIRECTIONS TO START POINT: 14 Purcell's Cove Road

June 04

VICTORIA, BC Mt. Stewart
Start Point: Mt. Work Regional Parking Lot, Munn Rd V9E 1G8
Distances: 5, 10 Difficulty: 2B / 3C Registration 09:30 - 10:00
Garden City Wanderers Volkssport Club George Copley 250-386-1279 gcopley@telus.net
WALK DESCRIPTION: Forest path, up & down for over half the route, rocky & rooty underfoot in some places, in other places a bridle path or a Forest Service road. Considerable ups & downs with overall elevation gain in the region of 400 m, depending on the option chosen.
DIRECTIONS TO START POINT: From the intersection of Prospect Lake Rd and Burnside Rd W, go north on Prospect Lake Rd for 1.2 km; then left on Munn Rd for 7 km. Mt Work Regional Park parking lot (large sign at the driveway entrance) is on the right, just past Fork Lake Rd.

June 06
EDMONTON, AB River & Ravine #4
Start Point: Rainbow Valley Campground, 13204 - 45 Ave. T6H 5K3
Distances: 5, 10 Difficulty: 2B Registration 18:30 - 19:00
St. Albert Trekkers Volkssport Club David Hall 780-951-2882 davidhall@live.ca
WALK DESCRIPTION: Paved and dirt trails with some residential streets.
DIRECTIONS TO START POINT: From Whitemud Dr., take the 122 St./ 119 St. exit south for a short distance. Turn right onto Snow Valley Ski Hill road and follow to Ski Hill parking lot.

June 07
OTTAWA, ON
Start Point: Royal Oak, 800 Hunt Club Rd K1V 1C3
Distances: 5, 10 Difficulty: 1B Registration 17:30 - 18:30
Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

June 09
CHÂTEAU-RICHER, QC Château-Richer + Auberge Baker ($)
Start Point: Auberge Baker, 8790, Avenue Royale G0A 1N0
Distances: 5, 10 Difficulty: 2B Registration 10:30 - 11:00
Club Volkssport Nord-Sud Nicole Lavoie 418-523-2717 volknord@videotron.ca
DIRECTIONS TO START POINT: voir journal du club http://volkssport-nordsud.qc.ca

June 09
LOUISBOURG, NS Old Town Trail
Start Point: Old Town Trail, 61 Wolfe Street, Louisbourg B1C 2J7
Distances: 5, 10 Difficulty: 1B Registration 13:30 - 14:00
Cape Breton Island Hoppers Volkssport Club Rollie Coombes 902-849-0747
bretonhoppers@hotmail.com
WALK DESCRIPTION: The "Roots to Boots" Festival event will include walk evnts, square dancing, story time, historical pagentry plus food. All events will take place in and around Fortress Louisbourg and the Community of Louisbourg.
DIRECTIONS TO START POINT: From Sydney follow Hwy 22 to Louisbourg. CBIH walk signs will be posted on Wolfe St towards the SP on Kennington Cove Rd..

June 10
ALMONTE, ON
Start Point: TBD,
Distances: 5, 10 Difficulty: 2A Registration 09:00 - 09:30
Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

June 10
ANNAPOLIS ROYAL, NS 150/30 Celebration Mickey Hill Widerness Area
Start Point: Mickey Hill Wilderness Area,
Distances: 10 Difficulty: 3C Registration 09:30 - 10:00
Valley Trekkers Volkssport Club Rick Kanne 902-847-1772 theillsleys@eastlink.ca

WALK DESCRIPTION: Walk through Woodlands and Lakes
DIRECTIONS TO START POINT: Exit 22 0ff HWY 101 to Annapolis Royal, turn left follow Hwy 8 to signs for Mickey hill on the left

June 10

CARDIFF, AB
Start Point: Cardiff Park,
Distances: 5, 10 Difficulty: 1B Registration 09:00 - 09:30
St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com
WALK DESCRIPTION: Scenic walk on gravel paths through Cardiff Park. Hot dog bbq follows at a picnic shelter in the park.
DIRECTIONS TO START POINT: North on Hwy. 2 (13 km north of St. Albert). Turn right on Cardiff Rd. Travel 3.2 km east, turn right for 1.2 km (south) to parking lot at east end of soccer field. Registration in parking lot.

June 10

LOUISBOURG, NS Louisbourg Lighthouse and Coastal Trail
Start Point: Louisbourg Lighthouse Coastal Trail, 561 Havenside Rd. B1C 1P4
Distances: 5, 10 Difficulty: 2B, 2C Registration 13:30 - 14:00
Cape Breton Island Hoppers Volkssport Club Rollie Coombes 902-849-0747
bretonhoppers@hotmail.com
WALK DESCRIPTION: The "Roots to Boots" Festival event will include walk evnts, square dancing, story time, historical pagentry plus food. All events will take place in and around Fortress Louisbourg and the Community of Louisbourg.
DIRECTIONS TO START POINT: From Sydney follow Hwy 22 to Louisbourg. CBIH walk signs will be posted to the SP on Havenside Rd. going to the lighthouse.

June 10

MEDICINE HAT, AB
Start Point: Police Point Park Interpretive Centre, Police Point Dr. NE T1A 8G8
Distances: 6, 11 Difficulty: 2B Registration 07:30 - 08:00
Volkssport Club of Medicine Hat Sharon Petrick 403-526-7407 spetrick@hotmail.com
WALK DESCRIPTION: Mostly paved trails and residential streets.
DIRECTIONS TO START POINT: From Trans Canada Hwy, east or west, take 3 St. NW and follow Police Point Park Interpretive Centre signs. Upon entering the park, follow road to parking lot in front of Interpretive Centre.
SPECIAL WALKING PROGRAMS: Murals, Community

June 10

MORINVILLE, AB
Start Point: Morinville Fish and Game Pond, North end of 107 St
Distances: 5, 10 Difficulty: 1A Registration 12:30 - 13:00
St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com
WALK DESCRIPTION: An easy flat walk using some of Morinville's walking trails.
DIRECTIONS TO START POINT: North on Hwy. 2 from Edmonton to the Morinville exit. Turn right on 100 Ave. and left immediately onto 107 St. Drive to the end and park at the Fish and Game Pond.
SPECIAL WALKING PROGRAMS: Murals, Community

June 11
CALLANDER, ON Waltonian Inn
Start Point: Waltonian Inn, 550 Waltonian Dr P0H 1H0
Distances: 5, 10 Difficulty: 1A Registration 10:00 - 10:30
Gateway Walkers Club Michelle Michael 705-478-9339 rmichael@vianet.ca
DIRECTIONS TO START POINT: Parking Lot

June 11
PROSPECT BAY, NS Prospect Bay Trail
Start Point: Prospect Bay Trail, Hages Lane B3T
Distances: 10 Difficulty: 3C Registration 09:30 - 10:00
Dartmouth Volksmarch Club Stephen Bloom 902-423-0760 sbloom@bellaliant.net
DIRECTIONS TO START POINT: Park at end of Hages Lane

June 11
STONEHAM, QC La Boucle de la Station
Start Point: Centre de ski Stoneham, 600, chemin du Hibou G3C 1T3
Distances: 5, 10 Difficulty: 2B / 3C Registration 09:30 - 10:00
Club Volkssport Nord-Sud Réjeanne Paré 418-842-7547 volknord@videotron.ca
DIRECTIONS TO START POINT: voir journal du club http://volkssport-nordsud.qc.ca

June 11
VANCOUVER, BC Britannia Community Services Centre
Start Point: Britannia Community Services Centre, 1661 Napier St V4L 4X4
Distances: 5, 10 Difficulty: 1A Registration 09:30 - 10:00
Surrey Trekkers Volkssport Club Frank Sam / Lynn Low 604-434-6009 frankjsam@gmail.com
WALK DESCRIPTION: The walk goes through green spaces along the Napier Greenway, through the historic Italian cultural centre of the "The Drive" exploring the aspects & diversity of East Vancouver.
DIRECTIONS TO START POINT: From Hwy #1 take exit #26 (Hastings St W); Left at Commercial Dr; Right at Venables St; Left at Cotton Dr; Park in area furthest away from Community Centre
SPECIAL WALKING PROGRAMS: Murals, Community

June 11
VICTORIA, BC Oaklands Park Mt. Tolmie Walk
Start Point: Oaklands Park, Kings Rd & Scott St V8R 4J2
Distances: 5, 10 Difficulty: 1A / 2B Registration 09:30 - 10:00
Garden City Wanderers Volkssport Club Greg Brereton 250-580-4709 gpbrereton@gmail.com
WALK DESCRIPTION: Walk up Mount Tolmie for glorious views & on the lovely trails beside Cedar Hill golf course.
DIRECTIONS TO START POINT: From downtown Victoria follow Douglas St to Hillside Ave; turn right & follow to Shelbourne St; turn left & left on Kings Rd to parking lot.

June 13
EDMONTON, AB River & Ravine #5
Start Point: Emily Murphy Park, 11904 Emily Murphy Park Rd NW

Distances: 5, 10 Difficulty: 2B Registration 18:30 - 19:00
St. Albert Trekkers Volkssport Club Gerry Vercammen 780-499-4958 gerryipa@telus.net
WALK DESCRIPTION: West End of Edmonton, Old glenora, and part of the river valley.
DIRECTIONS TO START POINT: From north, on Groat Rd. cross North Saskatchewan River and take exit to Parks area. Slight left on Emily Murphy Park Rd. Park on left. From south, take Gateway Blvd. to Whyte Ave. (82 Ave.) , turn left to 110 St., turn right and continue to Saskatchewan Dr., turn left. Continue onto Emily Murphy Park Rd. Park on right.
SPECIAL WALKING PROGRAMS: Trans-Canada Trail, New Bridges

June 14

OTTAWA, ON Exploring Orléans
Start Point: Broadway Bar & Grill, Portobello Plaza, 1968 Portobello Blvd. K4A 4E7
Distances: 5, 10 Difficulty: 2B Registration 17:30 - 18:30
Ottawa Voyageurs d'Ottawa Walking Club Kathy Luten 613-830-7437 kathleen_luten@hotmail.com
WALK DESCRIPTION: This walk kicks off the Ottawa Voyageurs summer evening walks. Enjoy an evening walk and explore various areas of Ottawa. Join club members for a meal or a drink after the walk.
SPECIAL WALKING PROGRAM: Community

June 16

FORT ASSINIBOINE, AB
Start Point: Horse Creek Ranch, 10 Km east of Fort Assiniboine
Distances: 5, 10 Difficulty: 3C Registration 19:30 - 20:00
Barrhead Walkie-Talkie Volkssport Club Margaret Attrill & Jeff Attrill 780-674-4403
mjattrill@hotmail.com
WALK DESCRIPTION: In the beautiful Sand Hills Wildland Park
DIRECTIONS TO START POINT: From Edmonton take Hwy33 north to Fort Assiniboine. Horse Creek ranch is 10 km east (right). Follow HCR signs. Two-hour drive northwest of Edmonton.

June 17

BELLECHASSE, QC Saint-Henri, Saint-Anselme, Sainte-Clair
Start Point: St-Henri de Lévis, stationnement de la piste cyclable, Stationnement de la piste cyclable G0S 2E0
Distances: 40, 50 Difficulty: 2B Registration 09:30 - 10:00
Club Volkssport Nord-Sud Daniel Morand 418-833-4940 volknord@videotron.ca
WALK DESCRIPTION: Vélo
DIRECTIONS TO START POINT: voir journal du club http://volkssport-nordsud.qc.ca

June 17

FORT ASSINIBOINE, AB
Start Point: Horse Creek Ranch, 10 Km east of Fort Assiniboine
Distances: 5, 10, 20 Difficulty: 3C Registration 09:30 - 10:00
Barrhead Walkie-Talkie Volkssport Club Margaret Attrill & Jeff Attrill 780-674-4403
mjattrill@hotmail.com
WALK DESCRIPTION: In the beautiful Sand Hills Wildland Park

DIRECTIONS TO START POINT: From Edmonton take Hwy33 north to Fort Assiniboine. Horse Creek ranch is 10 km east (right). Follow HCR signs. Two-hour drive northwest of Edmonton.

June 17

OTTAWA, ON Honouring French Heritage
Start Point: Richelieu-Vanier Community Centre, 300 Des Pères-Blancs Ave. K1L 7L5
Distances: 5, 10 Difficulty: 2B Registration 09:00 - 10:00
Ottawa Voyageurs d'Ottawa Walking Club Karen Venema 613-731-5417
mkarenvenema@gmail.com
WALK DESCRIPTION: This walk celebrates the French heritage of the Vanier community and explores the more than 30 historic murals in the area.
SPECIAL WALKING PROGRAMS: Murals, Community

June 18

DELTA - LADNER, BC
Start Point: Deas Island Regional Park, 6090 Deas Island Rd V4K 5A8
Distances: 5, 10 Difficulty: 1B Registration 09:30 - 10:00
Vancouver ’Venturers Volkssport Club Sona Dawes 604-738-1035 vancouverventurers@gmail.com
WALK DESCRIPTION: First half goes around Deas Island Park; second half goes out & back along dyke to Highway 99.
DIRECTIONS TO START POINT: By car: From Highway 99, turn east on 62B Street/River Road; left into park. Parking near first picnic tables.
By transit: From Bridgeport Station (Canada Line), bus #601 (South Delta) to Ladner Exchange; bus #640 (Scott Road Exchange) to park entrance.
SPECIAL WALKING PROGRAM: New Bridges

June 18

FORT ASSINIBOINE, AB
Start Point: Horse Creek Ranch, 10 Km east of Fort Assiniboine
Distances: 5, 10 Difficulty: 3C Registration 09:00 - 09:30
Barrhead Walkie-Talkie Volkssport Club Margaret Attrill & Jeff Attrill 780-674-4403
mjattrill@hotmail.com
WALK DESCRIPTION: In the beautiful Sand Hills Wildland Park
DIRECTIONS TO START POINT: From Edmonton take Hwy33 north to Fort Assiniboine. Horse Creek ranch is 10 km east (right). Follow HCR signs. Two-hour drive northwest of Edmonton.

June 18

LÉVIS / ST-ROMUALD, QC Marche de la directrice
Start Point: Dépanneur Couche-Tard Irving, 2035, boul. Guillaume-Couture G6W 2S5
Distances: 5, 10 Difficulty: 2 B Registration 09:30 - 10:00
Club Volkssport Nord-Sud Marjolaine Talbot 418-845-4829 volknord@videotron.ca
WALK DESCRIPTION: Marche guidée
DIRECTIONS TO START POINT: Prendre la 20 E jusqu'à la sortie 318 N, tourner à droite sur l'avenue Taniata descendre jusqu'au boul. Guillaume-Couture.

June 18
PORTER'S LAKE , NS Crowbar Wilderness
Start Point: Crowbar Wilderness Trail Parking Lot, 1800 Myra Road B3E 1H2
Distances: 10, 15 Difficulty: 2B / 4D Registration 09:30 - 10:00
Dartmouth Volksmarch Club Wayne Geizer / Lionel Conrod 902-864-3016 / 902-466-4421
geizer6@ns.sympatico.ca
WALK DESCRIPTION: 4D - bring a lunch
DIRECTIONS TO START POINT: Crowbar Trail Parking Lot. 10KM walkers need to continue to 2285 Myra Rd.

June 18
SYDNEY&MEMBERTOU, NS CBIH Trails Day
Start Point: Churchill Drive/Terry Way, Terry Way parking lot B1S 3P8
Distances: 5,10, 15, 20 Difficulty: 1B, 2B / 2C Registration 8:30 - 09:00
Cape Breton Island Hoppers Volkssport Club Rollie Coombes 902-849-0747
bretonhoppers@hotmail.com
WALK DESCRIPTION: Participants can select four 5K trails or do all trails for a total of 20k. An all day event.
DIRECTIONS TO START POINT: From downtown Sydney follow Alexander St. to Churchill Drive continue into Membertou as the same road now becomes "Terry Way" and continue to the parking lot for the "Green Links Trail".

June 20
ST. ALBERT, AB River & Ravine #6
Start Point: St. Albert Place, west door, 5 St. Anne St. T8N 3Z9
Distances: 5, 10 Difficulty: 2A Registration 18:30 - 19:00
St. Albert Trekkers Volkssport Club Sharon Tchir 780-340-5769 sdtchir@me.com
WALK DESCRIPTION: Mostly paved pathway through ravines in St. Albert.
DIRECTIONS TO START POINT: From Edmonton, on Hwy 2 (St. Albert Trail), turn left (west) onto St. Anne St. St. Albert Place will be on your right. Start point is the far west door.
SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

June 21
OTTAWA, ON
Start Point: Whispers Pub & Eatery, 249 Richmond Rd K1Z 6X1
Distances: 5, 10 Difficulty: 2A Registration 17:30 - 18:30
Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

June 24
BASS RIVER, NS Bass River
Start Point: Bass River Interpretive Centre, Bass River B0M 1B0
Distances: 5, 10 Difficulty: 1B Registration 13:30 - 14:00
Central Nova Volkssport Club Jim Cleveland 902-800-1819 jimcleveland@inbox.com
DIRECTIONS TO START POINT: Hwy 104, Exit 12. Hwy 2 to Bass River Interpretive Centre just past the Peace Park
SPECIAL WALKING PROGRAM: New Bridges

June 24
GATINEAU, QC
Start Point: Aylmer Marina, 1 Rue Principale J9H 3M5
Distances: 5, 10 Difficulty: 1B Registration 09:00 - 09:30
Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

June 24
KENTVILLE, NS Kentville Rails to Trails
Start Point: Parking Lot behind the Court House Kentville, 87 Cornwallis St B4N 2E5
Distances: 23 Difficulty: 2B Registration 09:30 - 10:00
Valley Trekkers Volkssport Club Earle Illsley 902-678-3791 theillsleys@eastlink.ca
WALK DESCRIPTION: Cycle from Kentville to Wolfville and return along wooded rails to trails
DIRECTIONS TO START POINT: Follow the one way streets through Kentville to Cornwallis street,turn right onto Justice way to the parking lot behind the Courthouse

June 24
PONOKA, AB
Start Point: Lions Centennial Park , Hwy 2 & 50 Ave. T4J 1E4
Distances: 6, 10 Difficulty: 1A Registration 13:00 - 13:30
Wetaskiwin Volkssport Club Alda Watchorn / Judy Zimmel 780-361-5530 / 780-352-7407
WALK DESCRIPTION: Sidewalks and paved trails.
DIRECTIONS TO START POINT: From Hwy 2A North: At 4 way stop Hwy 2A and 53rd Ave. continue for another 450 m to south end of park. Turn right onto access road to parking. From Hwy 2A South take exit onto Hwy 53. At corner of Hwy 53 and 2A in Ponoka, proceed north on 2A for 700 m. Turn left on access road to parking; just after strip mall that contains Subway.

June 24
RED DEER, AB Celebrations: Canadian Volkssport Federation 30th Year & Happy 150th Birthday Canada
Start Point: River Bend Golf & Recreation Area - parking lot at Club House , 3800 Riverbend Drive T4N 5E2
Distances: 5, 10 Difficulty: 2B Registration 09:00 - 09:30
Volkssport Walkers of Central Alberta Betty Jaap 403-340-1663 vwcaclub@gmail.com
WALK DESCRIPTION: Walk the perimeter of the River Bend Golf Course in wooded area with hills. After walking at River Bend Area we will drive over to the Kiwanis Picnic Shelter to enjoy lunch by the Red Deer River. Bring your own bagged lunch & chair (seating limited), club will provide dessert (cake & fruit). After lunch, join us for a river walk.
DIRECTIONS TO START POINT: From Hwy 2 take Exit 401 into Red Deer, continue east on 67 Street to 30 Avenue, as you approach the roundabout, keep left, then left turn onto 30 Avenue, continue on 30 Avenue for 3 km to the entrance to River Bend Golf & Recreation Centre, left turn, continue down the hill to the parking lot.
SPECIAL WALKING PROGRAM: Community

June 24

RED DEER, AB Celebration: Canadian Volkssport Federation 30th Year and Happy 150th Birthday Canada
Start Point: Kiwanis Picnic Shelter, 4700 Fountain Drive T4N 6W8
Distances: 5, 10 Difficulty: 2B Registration 13:30 - 14:00
Volkssport Walkers of Central Alberta Betty M Jaap 403-340-1663 vwcaclub@gmail.com
WALK DESCRIPTION: Walk along the Red Deer River on paved trails in Great Chief Park, cross river, go up hill to Heritage Ranch.
DIRECTIONS TO START POINT: From Hwy 2 take Exit 401 into Red Deer, continue east on 67 Street to Taylor Drive. Right turn & continue to Kerry Wood Drive, right turn. From River Bend Recreation Area entrance, right turn onto 30 Avenue, continue to 67 Street (round about), right turn, continue west on 67 Street to Taylor Drive, left turn continue to Kerry Wood Drive, right turn. Directions from Kerry Wood Drive continue to Fountain Drive, left turn, follow this road to the Kiwanis Picnic Shelter, parking lot on the left.
SPECIAL WALKING PROGRAM: Community

June 24

VICTORIA, BC Beaver Lake
Start Point: Beaver Lake picnic area at main beach, Elk Lake Dr V8Z 6K2
Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00
Garden City Wanderers Volkssport Club Cec Cranston 250-658-2279 cecil.cranston@telus.net
WALK DESCRIPTION: Enjoy trails in Beaver Lake/Elk Lake area. Picnic follows walk.
DIRECTIONS TO START POINT: Elk Lake Drive (off Hwy 17).

June 25

HALIFAX, NS Sackville River Trail
Start Point: Fultz House Parking Lot, 33 Sackville Dr. B4C 2S8
Distances: 10 Difficulty: 2B Registration 09:30 - 10:00
Dartmouth Volksmarch Club Lily Conrod 902-466-4421 benview@eastlink.ca
DIRECTIONS TO START POINT: Meet at Parking Lot on Memory Lane

June 25

PORTAGE LA PRAIRIE, MB Portage La Prairie
Start Point: City Hall, 97 Saskatchewan Ave E R1N 0L8
Distances: 5, 10 Difficulty: 1A Registration 09:00 - 09:30
Windy City Wanderers Volkssport Club Terry Fulton 204-453-2905 tvful@shaw.ca
DIRECTIONS TO START POINT: The Forks off Main Street behind Via Rail

June 28

OTTAWA, ON Cyrville/Carson Grove Stroll
Start Point: Grace O'Malley's East Coast Pub & Restaurant, 1151 Ogilvie Road K1J 7P6
Distances: 5, 10 Difficulty: 1B Registration 17:30 - 18:30
Ottawa Voyageurs d'Ottawa Walking Club Benoit Pinsonneault 613-746-9071
benoitpinson@rogers.com
WALK DESCRIPTION: Continue the exploration of the Cyrville/Carson Grove community with a new walk in a recently developed neighborhood.
SPECIAL WALKING PROGRAM: Community

Jun 30
INGONISH, NS Middle Head and Freshwater Lake
Start Point: Ingonish Beach, 90 Beach Road, Ingonish B0C 1L0
Distances: 5, 10 Difficulty: 2A/2B Registration 12:30 - 13:00
Cape Breton Island Hoppers Volkssport Club Judy Lorway, Phyllis MacLeod 902-567-0017
bretonhoppers@hotmail.com
WALK DESCRIPTION: CBIH 20th Anniversary walk events in the Cape Breton Highlands National Park. See brochure for details
DIRECTIONS TO START POINT: Location: Cape Breton Highlands National Park, Ingonish area

Jun 30
INGONISH, NS Clyburn Valley Trail
Start Point: Clyburn Valley Hiking Trail, Cabot Trail Hwy/Clyburn Trail Head B0C 1L0
Distances: 5, 8 Difficulty: 2B, 2C Registration 15:45:00 - 16:00
Cape Breton Island Hoppers Volkssport Club Shirlee Cruicshank, John Cruickshank 902-564-6216
bretonhoppers@hotmail.com
WALK DESCRIPTION: CBIH 20th Anniversary walk events in the Cape Breton Highlands National Park. See brochure for details
DIRECTIONS TO START POINT: Location: Cape Breton Highlands National Park, Ingonish area

June 30
OTTAWA, ON
Start Point: Heart & Crown , 353 Preston St K1S 1V6
Distances: 5, 10 Difficulty: 2A Registration 17:30 - 18:30
Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com