



CVF / FCV Events February 2017

February 04

EDMONTON, AB

Start Point: Gold's Gym - West Edmonton Mall, Suite 1764, 8882 - 170 St. T5T 4J2

Distances: 6, 7, 10 Difficulty: 1A Registration 8:00 - 8:30

Devon Discovery Walkers Irene Miller 780-462-0726 irene.miller1@shaw.ca

WALK DESCRIPTION: Mall walk.

DIRECTIONS TO START POINT: Entrance 8, Lower Level, West Edmonton Mall, Suite 1764.

Entrance 8 is off 90 Ave on the ground level (covered parking), directly below the Palace Casino.

SPECIAL WALKING PROGRAM: Community

February 04

MEDICINE HAT, AB

Start Point: Royal Canadian Legion, 702 - 2 St. SE T1A 0E1

Distances: 6, 11 Difficulty: 1A Registration 12:30 - 13:00

Volkssport Club of Medicine Hat Sharon Petrick 403-526-7407 spetrick@hotmail.com

DIRECTIONS TO START POINT: From the Trans Canada Hwy take 1 St. SW and proceed a few Kilometres past City Hall to Maple Ave. Turn right at the Tim Hortons. Follow signs to the Legion.

SPECIAL WALKING PROGRAMS: Murals, Trans-Canada Trail, Community, New Bridges

February 04

NORTH BAY, ON Fun Day in the Snow

Start Point: Clarion Resort Pinewood Park , 201 Pinewood Park Dr P1B 8Z4

Distances: 5, 10 Difficulty: 1A Registration 10:00 - 10:30

Gateway Walkers Club André Tardif 705-495-2242 tardifandre@gmail.com

DIRECTIONS TO START POINT: Hotel Parking Lot - Rear

February 04

OTTAWA, ON 21st Annual Winterlude Walk

Start Point: Sir John A Pub, 284 Elgin St K2P 1M3

Distances: 5, 10 Difficulty: 2B Registration 10:00 - 11:00

Nepean Nomads Walking Club Lorna Giles 613-224-1332 sassyg@rogers.com

February 05

DARTMOUTH, NS Dartmouth Walkabout

Start Point: Tacoma Plaza, 50 Tacoma Dr. B3B 1S9

Distances: 5, 10 Difficulty: 2A Registration 09:30 - 10:00

Dartmouth Volksmarch Club Dwight Perkins / Margaret Odell 902-435-6397 / 902-454-9280
bmp@accesscable.net

DIRECTIONS TO START POINT: Sobeys' Parking Lot

February 05

QUÉBEC, QC Centre plein air Dansereau (\$)

Start Point: Centre plein air Dansereau, 50, rue Dansereau, Pont-Rouge G3H 3G6

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Club Volkssport Nord-Sud Denise Baribeau 418-837-3384 volknord@videotron.ca

WALK DESCRIPTION: Ski, marche, marche à raquettes / Ski, walk, snowshoe. Les sentiers sont excellents pour pratiquer la marche, la raquette et le ski de randonnée.

DIRECTIONS TO START POINT: De Québec, prendre l'autoroute 40 Ouest, sortie 281 N en direction de Pont-Rouge. Vis-à-vis l'église, tourner à droite sur la rue Charles-Julien puis à gauche sur la rue Dansereau.

February 05

VICTORIA, BC Fairfield Community Centre

Start Point: Fairfield Community Centre, 1335 Thurlow Rd V8S 5K2

Distances: 5, 10 Difficulty: 2A, 2B Registration 09:30 - 10:00

Garden City Wanderers Volkssport Club Ada Robinson 778-922-1950 elrobin3350@gmail.com

WALK DESCRIPTION: Walk is on streets in Fairfield area including the historic Chinese cemetery.

DIRECTIONS TO START POINT: From City of Victoria take Fairfield Rd to Moss St, turn left & then turn right on Thurlow Rd.

SPECIAL WALKING PROGRAM: Community

February 05

WINNIPEG, MB River Walk

Start Point: Travel Manitoba, 1 Forks Market Rd R3C 4L8

Distances: 5, 10 Difficulty: 1A Registration 09:00 - 09:30

Windy City Wanderers Volkssport Club Terry Fulton 204-453-2905 tvful@shaw.ca

WALK DESCRIPTION: Walk on ice of Red and Assiniboine Rivers.

DIRECTIONS TO START POINT: The Forks off Main Street

February 11

ALDERGROVE, BC Aldergrove Regional Park

Start Point: Aldergrove Regional Park, 8th Ave east of 272 St V4W 2P4

Distances: 5, 10 Difficulty: 3B Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Brenda / Frank Dudfield 604-584-1900 dudfield@shaw.ca

WALK DESCRIPTION: The park is very popular with families for easy trails, scenic landscapes along slow moving waterways through the forest.

DIRECTIONS TO START POINT: From Hwy #1 take exit #73 (264 St South); Left on 8th Ave to park entrance and to parking lot

SPECIAL WALKING PROGRAM: New Bridges

February 11

OTTAWA, ON Winterlude Along the Ottawa River

Start Point: Mill Street Brew Pub, 555 Wellington St. K1R 1C5

Distances: 5, 10 Difficulty: 1B Registration 10:00 - 11:00

Ottawa Voyageurs d'Ottawa Walking Club Karen Venema 613-731-5417, 613-794-2253
mkarenvenema@gmail.com

WALK DESCRIPTION: Add some spice to your weekend and join us for a Winterlude walk, North America's greatest winter festival. Join your fellow walkers for a meal or drink at the Mill Street Brew pub after your walk.

SPECIAL WALKING PROGRAMS: Trans-Canada Trail, Trans-Canada Trail & Pavilion, Community, New Bridges

February 11

QUÉBEC, QC Au Clair de Lune (\$) Anniversaire 150/30

Start Point: Ski de fond Charlesbourg, 375, rue de l'Aventure G2M 1N3

Distances: 5, 10 Difficulty: 2B / 3C Registration 16:30 - 17:00

Club Volkssport Nord-Sud Aline Roy 418-353-8125 volknord@videotron.ca

WALK DESCRIPTION: Marche et souper / Walk and dinner. Sentier de montagne.

DIRECTIONS TO START POINT: Autoroute Laurentienne Nord. À la sortie Georges-Muir tournez à droite puis à gauche sur le boul. Henri-Bourassa. Tournez à droite sur la rue Dublin.

February 11

VICTORIA, BC Bowker Creek Walk

Start Point: Allenby Park, corner of Dean St & Allenby St (off Shelbourne St) V8R 3B8

Distances: 5, 10 Difficulty: 1A Registration 09:30 - 10:00

Victoria 'Y' Volkssport Club Judy Haynes / Louise Klaassen 250-385-8519 yvolks@telus.net

WALK DESCRIPTION: Follow Bowker Creek as much as possible to Oak Bay & back. Through Camosun College, passing Na'Tsa'Maht (Aboriginal Gathering Place), Spirit Garden & residential areas.

DIRECTIONS TO START POINT: From Victoria, North on Blanshard St; Right on Hillside Ave; Right on Richmond Rd; Left on Allenby St - 2 blocks to Park

SPECIAL WALKING PROGRAM: Community

February 12

HALIFAX, NS Halifax Walkabout

Start Point: West End Mall, 6990 Mumford Rd. B3L 1S9

Distances: 10 Difficulty: 2A Registration 09:30 - 10:00

Dartmouth Volksmarch Club Margaret Odell 902-454-9280 odemargaret@gmail.com

DIRECTIONS TO START POINT: Parking Lot

February 18

OTTAWA, ON Ottawa Voyageurs AGM Walk

Start Point: Royal Canadian Legion, 800 Taylor Creek Blvd. K1C 1T1

Distances: 5, 10 Difficulty: 2A Registration 10:00 - 11:00

Ottawa Voyageurs d'Ottawa Walking Club Marion Boom 613-435-0568 walking4fun2@gmail.com

WALK DESCRIPTION: Start time for 10 K walkers is 10 AM; Start time for 5 K walkers is at 11 AM. The walk and lunch are free for all 2017 members of the Ottawa Voyageurs Walking Club.

February 18

ST. ALBERT, AB

Start Point: St. Albert Place, west door, 5 St. Anne St. T8N 3Z9

Distances: 5, 10 Difficulty: 1A Registration 12:30 - 13:00

St. Albert Trekkers Volkssport Club Lou Arsenault 780-289-0494 aludger@shaw.ca

WALK DESCRIPTION: Streets and Trails of St. Albert.

DIRECTIONS TO START POINT: From Edmonton, on Hwy 2 (St. Albert Trail), turn left (west) onto St. Anne St. St. Albert Place will be on your right. Start point is the far west door.

SPECIAL WALKING PROGRAMS: Community, New Bridges

February 18

VICTORIA, BC Finnerty Gardens

Start Point: Henderson Park Recreation Centre, 2291 Cedar Hill Cross Rd V8P 5H9

Distances: 5, 10 Difficulty: 1B / 2B Registration 09:30 - 10:00

Victoria 'Y' Volkssport Club Judy Haynes / Joan papert 250-385-8519 yvolks@telus.net

WALK DESCRIPTION: 5k & 10k walk up trails to Mt Tolmie for a spectacular view overlooking the City of Victoria. Visit Finnerty Gardens & continue walking on trails through the University of Victoria. Towards the end of the 10k walk, if you feel like a challenge, walk along the beach & up 80 stairs to get a great view towards Vancouver.

DIRECTIONS TO START POINT: From Victoria - North on Blanshard St; Right on Bay St; Left on Richmond Rd; Right on Cedar Hill Cross Rd. Pass Henderson Rd then Right at Rec Centre Entrance. (NB limited parking - OK to park on Cedar Hill Cross Rd)

SPECIAL WALKING PROGRAM: Community

February 19

COLE HARBOUR, NS Colby Village Walkabout

Start Point: Forest Hills Shopping Centre, 24 Forest Hills Parkway B2V 1E7

Distances: 10 Difficulty: 2A Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ron Kent / Dwight Perkins 902-434-5991 / 902-435-6397

ron.kent@bellaliant.net

WALK DESCRIPTION: Repeat of this walk to take place at 2pm.

DIRECTIONS TO START POINT: Canadian Tire Store parking lot

February 19

QUÉBEC, QC Sentiers du Moulin (\$)

Start Point: Sentiers du Moulin, 99, chemin du Moulin G3B 0E1

Distances: 5, 10, 15 Difficulty: 2B / 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Réjeanne Paré 418-842-7547 volknord@videotron.ca

WALK DESCRIPTION: Dans ce centre les sentiers sont nombreux pour pratiquer le ski de fond, la raquette et la marche.

DIRECTIONS TO START POINT: Rte 175 Nord en direction de Saguenay jusqu'au km 103. Tourner à droite pour vous rendre au chalet d'accueil. / Take Rte 175 North to 103 km to the Saguenay. Turn right to get to the chalet.

February 25

RED DEER, AB Guided Winter Walk / Snowshoe

Start Point: River Bend Golf & Recreation Area - parking lot at Club House , 3800 Riverbend Drive T4N 5E2

Distances: 5, 7, 10 Difficulty: 2B Registration 12:30 - 13:00

Volkssport Walkers of Central Alberta Anita Thomas 403-755-3016 vwcaclub@gmail.com

WALK DESCRIPTION: Trail follows the river side, open meadows, ravine and wooded area with hill.

DIRECTIONS TO START POINT: From Hwy 2 take Exit 401 into Red Deer, continue east on 67 Street to 30 Avenue, as you approach the roundabout, keep left, then left turn onto 30 Avenue, continue on 30 Avenue for 3 km to the entrance to River Bend Golf & Recreation Centre, left turn, continue down the hill to the parking lot.

SPECIAL WALKING PROGRAM: Community

February 26

HALIFAX, NS Halifax and Point Pleasant Park

Start Point: Lord Nelson Hotel, 1515 South Park St. B3J 3Y3

Distances: 10 Difficulty: 2A Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ron Kent 902-434-5991 ron.kent@bellaliant.net

February 26

QUÉBEC, QC Mont Bélair (\$)

Start Point: Centre de ski de fond La Découverte, 1560, rue de la Découverte G3K 2K8

Distances: 5, 10, 15 Difficulty: 2B / 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Serge Lacoste 418-843-3302 volknord@videotron.ca

WALK DESCRIPTION: Ski, marche à raquette, marche / Ski, snowshoe, walk. Sentier de vélo transformé en piste de ski et raquette pour l'hiver.

DIRECTIONS TO START POINT: Henri IV N, sortie ave. Industrielle Ouest, Pie XI Sud, avenue de la Montagne, rue de la Découverte

February 26

SURREY, BC Holland Park - Tri-Parks

Start Point: Holland Park, 13428 Old Yale Rd V3T 2V8

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Sandi Walton / Brenda Morton 604-584-2980 / 604-597-7141
slwalton@shaw.ca / jmorton@shaw.ca

WALK DESCRIPTION: Walk through three city parks along trails & residential streets.

DIRECTIONS TO START POINT: From King George Hwy, across from King George Sky-Train station enter parking lot from King George Blvd, under sky-train

SPECIAL WALKING PROGRAMS: Murals, Community

February 26

VICTORIA, BC 10 Mile Point Walk

Start Point: Cadboro-Gyro Park, Sinclair Rd & Cadboro Bay Rd V8N 4G1

Distances: 5, 10 Difficulty: 2B Registration 09:30 - 10:00

Garden City Wanderers Volkssport Club Susan Holloway 250-727-6826 spholloway48@gmail.com

WALK DESCRIPTION: Scenic walk on beach, the quiet roads of Ten Mile Point & trails along the water & through the Queen Alexandra Hospital grounds.

DIRECTIONS TO START POINT: From downtown Victoria take Fort St which will change to Cadboro Bay Rd. Follow to Sinclair Rd & turn right.