



CVF / FCV Events January 2017

January 01

DARTMOUTH, NS New Year's Day Walk and Levee

Start Point: Hearthstone Inn, 313 Prince Albert Rd B2Y 1N3

Distances: 10 Difficulty: 2A Registration 09:30 - 10:00

Dartmouth Volksmarch Club Mary Joyce 902-422-9624 mary.joyce2@ns.sympatico.ca

January 01

ST. ALBERT, AB New Year's Day Walk

Start Point: St. Albert Inn, 156 St. Albert Trail T8N 0P5

Distances: 5, 10 Difficulty: 1A Registration 09:30 - 10:00

St. Albert Trekkers Volkssport Club Sherry Nixey 780-458-2016 sherry.nixey@icloud.com

WALK DESCRIPTION: Streets and trails of St. Albert.

DIRECTIONS TO START POINT: From Edmonton, take St. Albert Trail to St. Albert. Just past the St. Albert Inn, turn left onto Gate Ave. and immediately left again into the Inn parking lot.

SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

January 01

SYLVAN LAKE, AB New Years Day Walk / Dinner / Fireworks

Start Point: Sylvan Lake Visitor Information Centre, 4719 50 Avenue T4S 1C5

Distances: 5, 10 Difficulty: 1A Registration 14:00 - 14:30

Volkssport Walkers of Central Alberta Sheila Klein 403-887-4474 vwcaclub@gmail.com

WALK DESCRIPTION: Trails and sidewalks of Sylvan Lake, followed by dinner at Viva La Sirena from 4:30 to 6:30 pm and Sylvan Lake Fireworks at 7:00 pm. Washrooms along route by lake.

DIRECTIONS TO START POINT: From Hwy 2, Exit 401 continue on Hwy 111 West to Sylvan Lake to Hwy 781 (second exit), right turn continue 2.8 km, cross railway tracks, to corner of 50 Street & 50 Avenue, right turn. Parking Lot and start point is on your immediate right. Alternate parking is back across railway tracks (Railway Promenade Parking Lot).

SPECIAL WALKING PROGRAM: Community

January 07

BIBLE HILL, NS Ring in the New Year

Start Point: Horsemen's Club, 288 Main Street B2N 4H4

Distances: 5, 10 Difficulty: 1A Registration 13:30 - 14:00

Central Nova Volkssport Club Heather McLeod 902-895-2592 heather.mcleod@ns.sympatico.ca

January 07

EDMONTON, AB

Start Point: Gold's Gym - West Edmonton Mall, Suite 1764, 8882 - 170 St. T5T 4J2

Distances: 6, 7, 10 Difficulty: 1A Registration 8:00 - 8:30

Devon Discovery Walkers Irene Miller 780-462-0726 irene.miller1@shaw.ca

WALK DESCRIPTION: Mall walk.

DIRECTIONS TO START POINT: Entrance 8, Lower Level, West Edmonton Mall, Suite 1764. Entrance 8 is off 90 Ave on the ground level (covered parking), directly below the Palace Casino.

SPECIAL WALKING PROGRAM: Community

January 07

MEDICINE HAT, AB VCMH President's Walk

Start Point: Royal Canadian Legion, 702 - 2 St. SE T1A 0E1

Distances: 6, 11 Difficulty: 2B Registration 12:30 - 13:00

Volkssport Club of Medicine Hat Sharon Petrick 403-526-7407 spetrick@hotmail.com

WALK DESCRIPTION: Residential streets, red shale and asphalt trails.

DIRECTIONS TO START POINT: From the Trans Canada Hwy take 1 St. SW and proceed a few Kilometres past City Hall to Maple Ave. Turn right at the Tim Hortons. Follow signs to the Legion.

SPECIAL WALKING PROGRAMS: Murals, Trans-Canada Trail, Community, New Bridges

January 08

UPPER HAMMOND PLAINS, NS Kingswood Walk

Start Point: Kingswood Plaza, 1210 Hammond Plains Road B4B 1J8

Distances: 10 Difficulty: 2B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ron Kent 902-434-5991 ron.kent@bellaliant.net

DIRECTIONS TO START POINT: Rear of Kingswood Plaza

January 14

ST. ALBERT, AB

Start Point: Kingswood Park Shelter, Sir Winston Churchill Ave. East

Distances: 5, 10 Difficulty: 1A Registration 13:00 - 13:30

St. Albert Trekkers Volkssport Club Walter Cool 780-566-3748 walt.cool@gmail.com

WALK DESCRIPTION: Streets and trails of St. Albert.

DIRECTIONS TO START POINT: From Hwy 2, turn east (right) on Sturgeon Rd. Left turn on Sir Winston Churchill Ave. Watch for Red Willow Park (Kingswood) and parking lot on right.

SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

January 15

DARTMOUTH, NS Dartmouth Walkabout

Start Point: Dartmouth Shopping Centre, 118 Wyse Road B3A 1N7

Distances: 10 Difficulty: 2B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ron Kent 902-434-5991 ron.kent@bellaliant.net

DIRECTIONS TO START POINT: Parking Lot

January 15

NEW WESTMINSTER, BC Queens Park

Start Point: Queens Park Picnic Shelter, 1st St & 3rd Ave V3L 2G6

Distances: 5, 10 Difficulty: 3B Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Leonard / Yvonne Colebert 604-521-4710

len.colebert@gmail.com

WALK DESCRIPTION: Queen's Park has beautiful views, lush forest & striking gardens. The walk will take you through 7 parks.

DIRECTIONS TO START POINT: Enter Park @ 3rd Ave, turn Left behind arena to parking; walk past children's zoo to picnic shelter

SPECIAL WALKING PROGRAMS: Murals, Community, New Bridges

January 21

COUNTY OF LACOMBE, AB Guided Winter Walk / Snowshoe

Start Point: JJ Collett Natural Area - Parking Lot at main entrance, Township Rd 414 between Range Rd 261 & 262 T4S 1C5

Distances: 5, 7, 10 Difficulty: 2B Registration 10:30 - 11:00

Volkssport Walkers of Central Alberta Laurie Wells 403-350-4995 vwcacub@gmail.com

WALK DESCRIPTION: Rolling hills, woodland nature trails. Washrooms at beginning of trail.

DIRECTIONS TO START POINT: From Hwy 2 travelling north of Lacombe, merge right at Exit 431, at stop sign continue straight ahead on Milton Road (TWP 412) to range Rd 262 (approx. 3.4 km), left turn, continue 3.2 km to Township Rd 414, right turn to main entrance on left (800 m).

January 21

RICHMOND, BC Richmond - South Arm

Start Point: South Arm Community Centre, 8880 Williams Rd V7A 1G6

Distances: 5, 10 Difficulty: 1A Registration 09:30 - 10:00

Surrey Trekkers Volkssport Club Meg / Wayne Roberts 604-943-6142 margaret_roberts@telus.net

WALK DESCRIPTION: The walk take you through parklands, scenic trails, community gardens & unique natural & cultural heritage sites.

DIRECTIONS TO START POINT: From Hwy 99 take exit #32 (Steveston Hwy); turn North on No. 4 Rd; turn West on Williams Rd

SPECIAL WALKING PROGRAMS: Murals, Community

January 21

VICTORIA, BC Tillicum Walk

Start Point: Pearkes Recreation Centre, 3100 Tillicum Rd V9A 6T2

Distances: 5, 10 Difficulty: 1B Registration 09:30 - 10:00

Victoria 'Y' Volkssport Club Hazel Dunham / Joyce Tamboulian 250-385-5439 / 250-590-7766
yvolks@telus.net

WALK DESCRIPTION: Tillicum Walk 10 km goes through Banfield Park, Selkirk Trestle, Trans Canada Trail & Pavilion. It returns on the trails in Cuthbert Holmes Park. 5 k goes through Gorge Waterfront Park, residential areas & trails in Cuthbert Holmes Park.

DIRECTIONS TO START POINT: From Victoria - Hwy 1, Left Tillicum Rd; Right Arena Rd to G.R. Pearkes Rec Centre (behind Tillicum Shopping Centre)

SPECIAL WALKING PROGRAMS: Trans-Canada Trail, Community, New Bridges

January 22

HALIFAX, NS Rockingham Walkabout

Start Point: Rockingham Ridge Plaza, 30 Farnham Gate Road B3M 3W8

Distances: 10 Difficulty: 3B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Sue Banks 902-472-2661 sclb199@hotmail.com

DIRECTIONS TO START POINT: Parking Lot

January 22

QUÉBEC, QC Base militaire Valcartier

Start Point: Centre Plein Air Castor, Base militaire Valcartier, 658, Courcelette G0A 4Z0

Distances: 6, 11, 15 Difficulty: 2B / 3C Registration 09:30 - 10:00

Club Volkssport Nord-Sud Réjeanne Paré 418-842-7547 volknord@videotron.ca

WALK DESCRIPTION: Ski, marche à raquette, marche / Ski, snowshoe, walk

DIRECTIONS TO START POINT: Prendre Henri-IV puis Montolieu jusqu'au Boul. Valcartier puis la route Cathcart jusqu'au centre

January 28

VICTORIA, BC GCW 27th Anniversary

Start Point: Willows Beach, 2740 Dalhousie St V8R 2J1

Distances: 5, 10 Difficulty: 1A Registration 09:30 - 10:00

Garden City Wanderers Volkssport Club Marg Arthur 250-370-5073 margaret.arthur@telus.net

WALK DESCRIPTION: Scenic walk through streets of Oak Bay Village, residential areas & along ocean pathways.

DIRECTIONS TO START POINT: From Victoria, travel on Beach Dr to Dalhousie St parking lot.

SPECIAL WALKING PROGRAM: Community

January 29

DARTMOUTH, NS Port Wallace Walkabout

Start Point: Shubie Park, 30 John Brenton Dr. B2X 2V1

Distances: 10 Difficulty: 2B Registration 09:30 - 10:00

Dartmouth Volksmarch Club Ron Kent 902-434-5991 ron.kent@bellaliant.net

DIRECTIONS TO START POINT: Campground Parking Lot

January 29

OTTAWA, ON Snowshoe Hike

Start Point: Mer Bleue Conservation Area, P21, Ridge Rd K0A 2Y0

Distances: 5, 10 Difficulty: 2B Registration 10:00 - 11:00

Ottawa Voyageurs d'Ottawa Walking Club Marion Boom 613-435-0568 walking4fun2@gmail.com

WALK DESCRIPTION: Mer Bleue is the largest bog and natural area in Ottawa with cross-country ski and snow shoeing trails.

January 29

QUÉBEC, QC Forêt Montmorency (\$)

Start Point: Chalet d'accueil, entrée principale, km 103, Rte 175 N, direction Saguenay

Distances: 5, 10, 15 Difficulty: 2B / 3C Registration 10:30 - 11:00

Club Volkssport Nord-Sud Georgette Martel 418-570-2450 volknord@videotron.ca

WALK DESCRIPTION: Ski, marche, marche à raquettes / Ski, walk, snowshoe. Sentier agréables par la marche et raquette. Pistes de ski de fond par toutes les catégories de skieurs.

DIRECTIONS TO START POINT: Prendre la Rte 175 Nord jusqu'au km 103. Tourner à droite pour vous rendre au chalet d'accueil. / Take Rte 175 North to 103 km. Turn right to get to the chalet.