

Capital City Walks List 2019

Location	PT/SEAS	Start Point Location
Ottawa, ON	PT 277	Champagne Fitness Centre, 321 King Edward Ave. (Corner of York) K1N 7M5
Ottawa, ON	PT 92	Petro - Can Station, 309 Carling Ave K2H 5A4
Ottawa, ON	PT 5	The Scone Witch, 150 Elgin St. Entrance on Gloucester) K1P 5J4
Halifax, NS	PT 35	Lord Nelson Hotel, 1515 South Park St B3J 2L2
Québec, QC	PT 42	Collège Mérici, 755 Grande-Allée Ouest G1S 1C1
Québec, QC	PT 56	Restaurant La Bise Glacée, 444 boul. Champlain G1K 8B8
Toronto, ON	PT 288	Strathcona Hotel, 60 York St. M5J 1S8. Contact the Ontario Director, at louismyre@hotmail.com.
Winnipeg, MB	PY 43	Provincial Legislature Building – Security Desk, 450 Broadway Ave at Memorial Dr R3C 0V8
Winnipeg, MB	PT 126	Provincial Legislature Building – Security Desk, 450 Broadway Ave at Memorial Dr R3C 0V8
Regina, SK	PT 289	Saskatchewan Legislature Building, 2900 Block, Albert St S4S 3N6
Edmonton, AB	PT 34	Kinsmen Sports Centre, 9100 Walterdale Hill NW T6E2V3
Victoria, BC	PT 19	Coast Hotel, 146 Kingston Street V8V 1V4
Victoria, BC	PT 7	YMCA, 851 Broughton Street V8W 1E5

*For the following Provinces, please contact the Atlantic Director @ philip.longmire@bellaliant.net or phone 902-678-8278 to register before going to do the walk. **There is no walk box at the start point.**

St. John's NL	PT 188*	Quality Harbourfront Hotel, 2 Hill o'Chips A1C 6B1
Charlottetown, PE	PT 167*	Best Western, 238 Grafton St C1A 1L5
Fredericton, NB	PT 128*	Crowne Plaza Lord Beaverbrook Hotel, 659 Queen St E3B 1C3

** The following walks require extensive travel. **There are no walk boxes at these locations.** Please contact Michele: bellmichele02@gmail.com or cvffcvwalk@outlook.com to register.

Whitehorse, YK	PT 283 SEAS **	McBride Museum, 1124 – 1 st Ave Y1A 1A4
Yellowknife, NT	PT 8 SEAS **	Northern Frontier Visitor's Centre, 4807 – 49 th St X1A 3T5
Iqaluit, NU	PT 284SEAS**	Navigator Inn, 1035 Ring Road X0A 0H0

Please check the PT section of the website (walks.ca) for more information.