

## **IN MEMORIAM**

### **MAYO, Frank**



It is with great sadness that the family of Frank Mayo, age 81, announces his passing peacefully in the Halifax Infirmary, QEII, on August 22, 2016, surrounded by his family.

He was a son of the late Captain Joseph and Ester (Anstey) Mayo (of Newfoundland). He is survived by his loving wife, Jean Bird-Mayo; his daughter, Kim (David); his son, Wade (Rosi); his grandchildren, Jamie (Ben), Lindy, Joshua, Richard and great-granddaughter, Elital; brothers, Joseph and William (Betty) and sister, Lilly (Lionel). He is also survived by his extended family, Reg (Catherine), Gillian and Tim; Elizabeth (Philip), Laurie and Alex (Sara); Kendra (Richard), Alan (Jackie), Alexandra (Andie) and Robbie; Brandon (Leyna) and great-grandson, Jack. He was predeceased by his former wife, Annette (DeCoste) and sister, Elizabeth Julian.

Frank was born and raised in Halifax, lived for a time in Arichat, Cape Breton, and finally in Bedford. He began his career at British American Oil and was later a draftsman at C.A. Fowler Bauld & Mitchell. He then joined Boyd & Garland, capping his career as Project Manager for Defence Construction Ltd. with the Department of National Defence.

In 1974, Frank became involved in karate. It was to become his lifelong passion and he would go on to earn his 4th degree black belt in 2002. In 2015, he attended the national examination event in Toronto, where he was awarded the title of "Master", achieving his ultimate goal.

He also completed and received his degree in architecture through the Royal Architectural Institute of Canada. After his retirement, Frank became a talented artist that included stained glass and painting, both of which reflected his profound love of nature and design. He also enjoyed hiking and gardening. Frank was a member of the Dartmouth Volksmarch Club.

Our heartfelt thanks go to the doctors, nurses and staff on 8.2 of the Halifax Infirm QEII, for their thoughtfulness, kind ness, care and compassion during Frank's illness. You were all a comfort to him and his entire family. Special thanks to the friends and family who visited him while in hospital. A celebration of Frank's life will be held in Saint Ignatius Catholic Church, 5 Bedford St., Bedford, on Wednesday, September 7, at 2 p.m. In lieu of flowers, donations can be made to Feed Nova Scotia or a charity of your choice.